

Our Ref: PRJ/BAM

6 October 2021

Dear Parent/Carer

As a part of your child's education at The Skinners' Kent Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. This is primarily delivered through our GPS curriculum and tutor programme, but also throughout our wider, broad and balanced, curriculum. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

What is RSHE?

RSHE is a part of our wider PSHE provision. RSHE stands for Relationships, Sex and Health Education and includes topics such as healthy relationships, families, growing and changing, personal hygiene, changing feelings, becoming more independent, keeping safe and consent, developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

These topics are now compulsory, although parents can request for their child to withdraw from those lessons which are classified as part of sex education (excluding those within the Science National Curriculum). Details on how to do this, as well as those lessons which are included in this category and when they are taught can be found on our RSHE information page which is available on our website.

Parental and Student Feedback

At SKA we believe that our RSHE curriculum should be flexible, adaptable and relevant at all times. The young people we serve are growing up in challenging times and it is our responsibility to ensure they are equipped with the knowledge and skills needed to make safe and healthy choices. Our curriculum therefore needs to adapt to local and national events as well as the students we serve.

Because of this we want to reach out to you as the primary educators on these issues and hear your input on what RSHE you feel will meet the needs of your children. We would ask that you support the Academy in this aim by taking part in a short survey on our RSHE provision at the Academy. The link to this is provided below.

Before completing the survey, we would ask that you take the time to read through our RSHE information page, our GPS curriculum page and our RSHE policy, all of which can be found on our website. Please be aware that your responses are anonymous. Please also note that we will be asking students to complete a separate survey to receive their feedback and ensure our curriculum is fully inclusive of all views. As an Academy, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly

supportive of the relationships and sex education programme. We look forward to hearing your feedback.

Yours sincerely

Jacob Price

Jacob Price
Assistant Principal

Survey Link

<https://forms.office.com/r/1a9rP6UfQN>

